
TERMS & CONDITIONS

I understand and acknowledge that Sarah Hughes, Metabolic Makeover is dedicated to protecting and advancing the general well-being of clients in a natural way and is not operating as a center for the treatment of disease or illness.

The services provided by Sarah Hughes, Metabolic Makeover are at all times restricted to consultation on the subject of health matters intended for general well-being and do not involve the diagnosing, prognosticating, treatment or prescribing of medicine for any disease, or any licensed or controlled act which may constitute the practice of medicine in this province. I understand that she is not a medical practitioner, naturopath or dietician.

I am aware that all activities, programs and services offered are educational, recreational or self-directed in nature. I assume full responsibility during and after my participation, for my choices to use or apply, at my own risk, any portion of the information or instruction I receive.

I understand that part of the risk involved in undertaking any activity or program is relative to my own state of fitness or health (physical, mental or emotional) and the awareness, care and skill with which I conduct myself in that activity or program. I acknowledge that my choice to participate in any activity, program or service of Sarah Hughes Metabolic Makeover brings with it the assumption by me of those risks or results stemming from these choices and the fitness, health, awareness, care and skill that I possess and use. I understand that I am free to withdraw from, reduce or modify my involvement in any program/activity and I realize that I should do so upon recognition of any signs of transient light-headedness, fainting, chest discomfort, cramps, nausea, allergic reaction etc.

I also acknowledge that I have inquired about the nature of any activity, program or service that I am not completely familiar with and I have been informed of any inherent risks.

I understand that all the information which I provide is purely for the purpose of assessment and that no information will be disclosed to others or used in any other manner without my written permission.

Refund policy:

All sales are considered final. However, in the event that your lab work (when applicable) indicates a need for further medical attention, a full refund will be issued, excluding the cost of the lab test.

Cancellation Policy:

I understand that life can get busy and circumstances can change. To provide the best service to all my clients, I kindly request that cancellations or rescheduling of appointments be made at least 24 hours in advance. This allows me to accommodate other clients who may be waiting for an appointment slot.

Cancellation Fees:

Cancellations made less than 24 hours before the scheduled appointment time may be subject to a cancellation fee. However, we understand that emergencies and unforeseen circumstances can arise, and exceptions may be made on a case-by-case basis.

No-Shows:

Failure to show up for a scheduled appointment without prior notice may result in a no-show fee being charged.

Thank you for your understanding and cooperation. We strive to provide the best possible service to all our clients and appreciate your cooperation in adhering to our cancellation policy.